

## **VIEW from the Inside: An award winning puppetry workshop**

**Calgary, Alberta—May 31, 2019** WP Puppet Theatre and THIRD ACTION Film Festival are proud to announce their expanded partnership to present a two day VIEW from the Inside: Courage Journey workshop. VIEW is an award winning program—the recipient of the 2018 ATB Healing through the Arts Award.

This intensive VIEW workshop, held at the Glenbow Museum, will have participants create their own puppets while reflecting on community development, mental wellness and resiliency. Recommended for ages 14 to seniors.

Additionally, WP Puppet Theatre will also showcase an exhibition of masks created at their mental wellness focused VIEW workshops held over the last year.

“VIEW is a puppetry-based workshop that encourages discussion about mental wellness. Through the creation, exhibitions and performance of a self-reflective mask-body puppet, participants develop community, foster resiliency and gain a voice for their stories. This will be an excellent training opportunity for all helping professionals—therapists, teachers, social workers, as well as a fun and creative self-care ‘me time’ workshop for anyone.”  
—Wendy Passmore-Godfrey, Executive Director, WP Puppet Theatre

“This is a great collaboration; allowing us to further our mandates while providing our audience with an engaging experience and provoking deeper thinking about the possibilities of their third act.”  
—Mitzi Murray, Executive Director, THIRD ACTION Film Festival

### **Cost**

\$138.10 + GST per person (which also includes 2 complimentary tickets to the THIRD ACTION Film festival) and a nutrition break. Materials provided.

### **Dates & Times**

Saturday June 8th (9:30 am–12:30 pm) and Sunday June 9th (9:30–12:30 pm) A slide show of the created artwork will be screened on Sunday night prior to the 7:30pm screening at the festival.

### **Register Here**

<https://www.showpass.com/view-from-the-inside-courage-journey-wp-puppet-int/>

### **About WP Puppet Theatre**

WP Puppet Theatre Society has been presenting family and school puppet shows and delivering engaging learning experiences for all ages since 1991. Our mission is to use the power of puppetry to impact positive social change.

### **About THRD ACTION Film Festival**

THIRD ACTION Film Festival, founded in 2017, celebrates ageing and older adults through films and talks. The Festival works to make an age-positive culture shift by reframing the discussion around aging and older adults. THIRD ACTION’s second festival will run June 7-9 at the Glenbow Museum Theatre.

### **Contact Information**

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